

Day 4: The Word of God

Do you know how important the word of God is ? I have attached our study guide on the Critical importance of the word of God on the Daniel page. In it you will see things like – the word has creative power, that faith comes by the word, that angels are summoned by the word and demons submit to the word. Today we want to focus on the fact that the word was made flesh (John 1:14) in the package of Jesus. Our relationship with Jesus is accomplished through our relationship with the word of God. Fasting not only requires that we put away our food but that we pick up our Bibles. During the fasting period we want to get closer to Jesus by knowing who He is, how He thinks, what He desires, and how He responds. To get to know the stories about Him and the ways He interacted with others is to get to know Him personally. Fasting makes Jesus our central focus. Try this: each time you crave some food item that you gave up for the period of the fast, have a conversation with Jesus. Let Him be your sustenance (food). Let Him be your craving/desire (food). Let Him be your joy (food). Let Him be your health, cleansing, and medicine (food). By the way, don't give up your medicines during the fast. You would need to consult with your physician for that. Remember, God ordained physicians. Luke was a very powerful one. But, food is designed to be used for the health of the body, not only the the satisfaction of the stomach. Put some word in your system. It heals. It cleanses. It restores. It energizes. That is why Jesus corrected the devil when He said that we cannot live on bread alone but by every word that comes out of the mouth of God. You will find that in Matthew 4:4. Make the first part of your fast today a healthy spoonful of the word of God.