

Day 12: It Takes More Than Bread

I preached on Jesus' response to the devil during the temptation in Luke 4:1-4. When the devil tempted Jesus to turn the stones into bread, Jesus replied: "Man cannot live by bread alone, but by every word of God." The word bread in this passage means something more than the combination of wheat flour, water, yeast and seasonings. It was talking about something we use for sustenance and satisfaction. We turn to many things for sustenance and satisfaction. Many depend on harmful substances to help them deal with emotionally difficult situations in life. Many depend on other people as their source for their needs. Food, amazingly, brings people the kind of comfort that only the Spirit of God was supposed to bring. We need to renew our minds about the importance of other things in our lives and realize that God intended to give us joy, peace, power and energy by His presence within. God created us with a word (Genesis 1:26-27). God sustains us with the same word (Jeremiah 15:16 and Hebrews 1:3). Our substance is clearly more than the food we eat. We dress up food to make it more and more pleasing and basically destroy any spiritual benefit it was meant to be to us. Rethink your commitment to the flashy substitutes of the word of God. Remember, God's word is spirit, and life (John 6:63).